



AFSOC Culture of Responsible Choices Newsletter

Hurlburt Field CoRC

Volume 1, Issue 1
December 2008

The Tragedy of Drunk Driving

By TSgt Parrish Hollingsworth
1st Special Operations Security Forces Squadron

Impaired driving is not an accident; it's an epidemic of careless disregard for human life. Imagine the public outrage if 33 jumbo jets, each carrying about 400 people crashed every year in America, killing all on board. That's the equivalent of the toll our country suffers annually due to impaired driving. But where's the indignation over this catastrophe?

The fact is that impaired-driving deaths did decline dramatically during the 1980s through the early 1990s. Social activism, including the rise of organizations such as MADD, led to tighter laws that helped bring the death toll down. During that period, every State plus the District of Columbia made it illegal to drive with a blood alcohol concentration of .08 grams per deciliter or above. Plus the legal drinking age was changed from 18 to 21.

But within the last decade, the numbers have been essentially stagnant. In 2006 alone, the latest year for which we have data, nearly 13,500 people died

in crashes in which a driver or motorcycle rider was legally drunk, according to the National Highway Traffic Safety Administration. Particularly shocking is that among those dead were 306 children under age 15, innocent victims of crashes that could have been avoided.

In 2006, 6,471 passenger vehicle drivers 21 to 34 years old were killed in motor vehicle crashes. Of those, a total of 3,158 (49%) had illegal Breath Alcohol Contents (BACs) of .08 or higher. Also, in 2006, 32 percent of all motor vehicle driving fatalities involved a driver or motorcycle rider with a BAC of .08 or above, an average of one fatality every 39 minutes.

If you are arrested for drunk driving, you will be taken to jail and processed. You will be required to provide a sample of your breath to establish the level of alcohol in your blood. Under the Implied Consent Law, anyone who has a driver's license is required to provide a breath sample if suspected of driving while drunk. If you refuse to

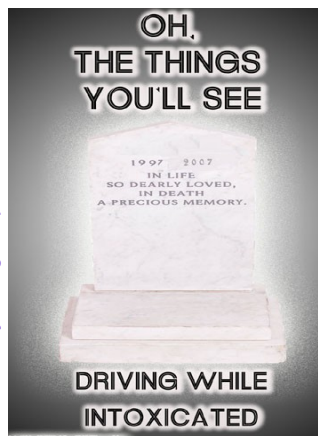


Photo: www.youthchq.com/poster38.html

provide a sample you will lose your driver's license for one year, in addition to any other punishment imposed by the court for drunk driving. You will probably spend time in jail until you are released with a date to appear in court. The court process will be a long, time consuming and expensive process. In addition to punishment imposed by the court, you may face disciplinary action from your commander.

If you chose to drink, don't drive! Ensure you have a plan before you start drinking, have a designated driver, use a taxi or call Airman Against Drunk Driving. If you drive drunk, sooner or later you are going to get caught.

4th Quarter's Focus: Driving Safety

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Tips for Managing Distractions www.AAA.com

- Avoid talking on the phone while driving.
- If using a phone is unavoidable, use it at a safe time and place, keep the conversation short and postpone emotional or complex conversations until you are off the road.
- Avoid taking calls while driving. Use the message-taking function on your mobile phone and return calls when stopped at a safe location.
- Preset radio stations and climate control.
- Secure items that may move around when the car is in motion.
- Avoid smoking, eating, drinking and reading while driving.
- Pull safely off the road and out of traffic to deal with children.
- Do your personal grooming at home — not in the car.
- Review maps before hitting the road.
- Ask a passenger to help you in activities that may be distracting.



DUI-FREE SINCE 2003!

AADD report

8 SOS

9 SOS

13 SOS

1 SOMDSS

319 SOS

10 CWS

14 WPNS

18 FLTS

25 IS

39 IOS

412 AMXS

413 FLTS

605 TES

705 TRG

AFCWC

AFOTEC

AFSOF RSS

DET 1, MOS

DET 104 AFOSI

DET 2D2/ADC

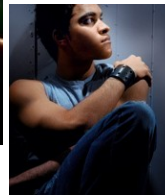
USAFSOS



Substance Abuse: "I am Kind of a BIG Deal"

By A1C Franki Ramos

1st Special Operations Aerospace Medicine Squadron



Substance abuse is a **disease** that is not only affecting the military community, but the world. This is a problem attracting a lot of attention from our community, military and world leaders. More efforts and money are being allocated into education, advertisements and studies to assist in solving this problem. Substance abuse is a broad word and is used because the issues that are the result of abuse cannot be easily or simply solved. Substance abuse can **no longer be brushed under the rug**, allowing it to grow into a bigger **monster** than it already is. Unfortunately, the people trying drugs for the first time are getting younger and younger every year.

First of all, **tobacco** use is the leading **preventable cause of disease, disability, and death** in the United States. Cigarette smoking results in more than 400,000 preventable deaths each year – about one in every five U.S. deaths. Despite the well-documented health costs of smoking in 2006 2.4 million smoked their first cigarette before the age of 19 compared to 1.9 million in 2002.

65%
OF KIDS GET ALCOHOL
FROM FRIENDS
& FAMILY

Then, in regards to **alcohol**, more than **100,000 U.S. deaths** are caused by excessive alcohol consumption **each year**. Direct and indirect causes of death include drunk driving, cirrhosis of the liver, falls, cancer, and stroke. **Underage drinking** costs the United States more than **\$58 billion every year**. Surprisingly, 65% of youth surveyed said they were provided alcohol by a family member or a friend. Alcohol abuse and alcoholism do not discriminate they cuts across gender, race, and nationality. In the United States, 17.6 million people--about **1 in every 12 adults--abuse** alcohol or are alcohol **dependent**. In general, more men than women are alcohol dependent or have alcohol problems. Alcohol problems are **highest among young adults ages 18-29** and lowest among adults ages 65 and older. Going back to this being a worldwide issue, Russia has a low life expectancy, averaging 59 years in men. In the UK population alcohol related illnesses increased 59% in men and 40% in women over the years 1993 to 1999. Can alcoholism be cured? No, alcoholism cannot be cured at this time. Even if an alcoholic hasn't been drinking for a long time, he or she can still suffer a relapse. **Not drinking is the safest course for most people with alcoholism.**

Finally, if you know of an under aged Airmen who is drinking or a fellow Airman who has had too much to drink, just because we are not the ones getting into an accident or incident does not make us less responsible for anything that could happen. While I was a rope in tech school, I was approached by another Airmen informing me that she was sexually assaulted--and alcohol was the culprit. Therefore, **it's our duty to be a wingman and a support system** for anyone in this situation. It is our responsibility to take the time to understand the situation and recognize when someone is struggling.

Each of these deaths represents a tragedy a mother a father a brother a sister a friend a coworker a significant other that now has to mourn their loved one-- even **one alcohol-related death is too many.**

<http://www.gdcada.org/statistics/alcohol.htm>

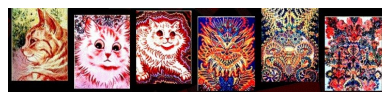
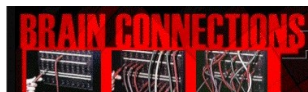
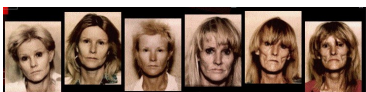
<http://familydoctor.org/online/famdocen/home/common/addictions/alcohol/755.html>

<http://www.niaaa.nih.gov/FAQs/General-English/>

<http://www.realtruth.org/news/080204-001-health.html>

<http://www.msnbc.msn.com/id/6437176/>

<http://www.drugwarfacts.org/causes.htm>



LAST DUI : 28 Nov 08**SQUADRON: 19 SOS****RANK: A1C**Stats & Photos Courtesy of Hurlburt Field's
Airmen Against Drunk Driving (AADD)

1 SOW DUI's 2007			1 SOW DUI's 2008		
1 SOSFS	27-Jan-07	SSgt	1 SOEMS	20-Jan-08	AB
1 SOCES	28-Jan-07	Amn	1 SOAMXS	27-Jan-08	A1C
1 SOCMS	22-Feb-07	A1C	1 SOMXS	27-Jan-08	A1C
1 SOMOS	7-Mar-07	SSgt	1 SOCMS	15-Feb-08	Amn
4 SOS	13-Mar-07	A1C	1 SOSFS	24-Feb-08	Amn
1 SOCMS	31-Mar-07	A1C	1 SOLRS	27-Feb-08	SSgt
1 SOAMXS	8-Apr-07	A1C	1 SOCMS	10-Mar-08	SrA
1 SOAMXS	11-Apr-07	SrA	1 SOSFS	15-Mar-08	SSgt
1 SOEMS	21-Apr-07	SrA	1 SOSS	16-Mar-08	TSgt
1 SOHMXS	21-Apr-07	Amn	1 SOHMXS	17-Mar-08	SrA
1 SOHMXS	29-Apr-07	A1C	1 SOAMXS	17-Mar-08	A1C
1 SOLRS	30-Apr-07	TSgt	1 SOMSS	18-Mar-08	SSgt
1 SOAMXS	6-May-07	A1C	1 SOSS	13-Apr-08	SSgt
1 SOMXS	17-May-07	A1C	1 SOCMS	20-Apr-08	SSgt
1 SOEMS	27-May-07	SrA	1 SOEMS	5-May-08	A1C
1 SOEMS	28-May-07	TSgt	1 SOEMS	23-May-08	SSgt
1 SOCMS	10-Jun-07	Amn	1 SOSS	3-Jun-08	SrA
1 SOAMXS	7-Jul-07	SSgt	1 SOLRS	7-Jun-08	SrA
6 SOS	17-Aug-07	SSgt	1 SOAMXS	14-Jun-08	A1C
1 SOEMS	19-Aug-07	Amn	1 SOMXS	14-Jun-08	A1C
19 SOS	20-Aug-07	SSgt	16 SOS	21-Jun-08	SSgt
16 SOS	16-Sep-07	A1C	1 SOMOS	19-Jul-08	TSgt
1 SOAMXS	28-Oct-07	AB	1 SOCMS	17-Aug-08	SSgt
1 SOAMXS	2-Nov-07	TSgt	1 SOEMS	24-Aug-08	A1C
1 SOHMXS	13-Nov-07	SSgt	1 SOSFS	4-Oct-08	TSgt
1 SOAMXS	16-Nov-07	SrA	1 SOAMXS	12-Oct-08	SSgt
1 SOAMXS	25-Nov-07	A1C	1 SOLRS	13-Oct-08	SSgt
1 SOAMXS	15-Dec-07	SrA	1 SOSFS	24-Oct-08	SrA
1 SOCMS	23-Dec-07	SrA	1 SOCMS	15-Nov-08	AB
1 SOCPTS	9-Jan-08	TSgt	1 SOCES	16-Nov-08	A1C

Partner DUI's 2007

823 RHS	1-Apr-07	SrA
823 RHS	25-Aug-07	SrA
AFSOC	2-Sep-07	CMSgt

Partner DUI's 2008

342 TRS	23-Feb-08	AB
505 CTS	23-Mar-08	TSgt
23 STS	25-Mar-08	SSgt
505 CTS	3-May-08	SSgt
342 TRS	17-May-08	SSgt
USSOCOM/ SOFPREP	30-Jul-08	SFC/E-7
342 TRS	27-Sep-08	TSgt
23 STS	19-Oct-08	SrA

Member TDY to 342 TRS

OFF-BASE**AADD FAQs:****Q: Will my call be recorded?**

A: Yes. All calls to the AADD hotline go thru Command Post and are patched to the on-duty dispatcher. The calls are monitored by Command Post to help protect our dispatchers if callers get belligerent or obscene. Dispatchers only ask for a first name. If there isn't a problem with the call it is deleted, however in the instance where the individual is belligerent, rude etc... IF necessary, we can come back and listen to the call to determine a course of action.

Q: Can my dependent call AADD?

A: Anyone with a DOD ID card can get a ride from AADD if their PRIMARY plan has fallen through.

Q: Can non-AF volunteer with AADD?

A: Yes. We have had numerous contractors and spouses volunteer.

SSgt Brandy Lockhart, I SOEMS/MXMW, AADD President

Have a Plan...
as a last resort,
call AADD 884-8844

CoRC Toolkit

[Alcohol/Drug Abuse Prevention/Treatment \(ADAPT\)](#)

(850) 881-4237

Provides a wide range of prevention, education, outreach, evaluation and treatment services to active duty members. It is located in Bldg 91042, Hurlburt Main Clinic, 2nd floor.

Family members of active duty should contact TriCare-partner Value Options at (800) 700-8646 for information and/or assistance in obtaining substance abuse evaluation and treatment services.

[Sexual Assault Prevention & Response](#)

(850) 884-7272 or (850) 499-7425

Bldg 90210

[Victim Assistance](#)

(850) 830-5669 or (850) 884-6061

Victim services are provided to all victims of domestic violence who are assigned to Hurlburt Field and Eglin AFB. This is not limited to married couples; services are also available to victims who may be single, i.e. active duty, family members, and military retirees and their beneficiaries. Services include assistance with restraining orders, accompanying victims to court, medical appointment and meetings with command. The Victim Advocate is a valuable community resource as a liaison for victims of domestic violence. Limited victim support services for sexual assault victims. Services are on a 24-hour, 7-day per week basis.

[Hurlburt Field Legal Office](#)

(850) 884-7821

Bldg 90210, Room 255

Walk-in basis on Mondays from 8:00 to 10:00 a.m. and Wednesdays from 2:00 to 4:00 p.m.

[Hurlburt Field Chapel Center](#)

(850) 884-7795

Bldg 90203

[Airman Family Readiness Center](#)

(850) 884-5441

Monday–Friday, 7:30am–4:30pm

Programs and Services:

- Air Force Aid Society
- Employment Assistance Program
- Information and Referral (I & R)
- Family Life Education (FLE)
- Transition Assistance Program (TAP)
- Personal and Family Readiness Program (Heart's Apart)
- Volunteer Resource Program (VRP)
- Relocation Assistance Program (RAP)
- Personal Financial Management Program (PFMP)